



### **Covid-19 statement – safe training**

In this difficult time we take our responsibility as a sports club very seriously and are doing everything we can to ensure that we adhere to the England Netball's recommendations for safe coaching through the Covid-19 pandemic.

As such we have put the following measures in place so we can restart training from the beginning of September:

- We will start with outdoor training only, taking place at St John's International School Sidmouth and Honiton Sport's Centre
- We will stagger training to ensure that there is a reasonable time period between training to reduce crowding on arrival and departure
- We ask players to come equipped with hand sanitiser so they can sanitise regularly at breaks during sessions. We will also provide if required
- We will regularly sanitise all equipment
- We will ask players to maintain social distancing whenever they are not active

Each week before training each player is required to complete a health screening update to confirm that they are in good health and not displaying any Covid-19 symptoms.

We believe that these measures will ensure that we minimise the risk of spreading Covid-19 while enabling our players to enjoy both the physical and mental benefits that playing netball provides.

If you would like to discuss these measures further please email [sidmouthnetball@gmail.com](mailto:sidmouthnetball@gmail.com)